

	<b>Kids (under 16)</b>	<b>BEGINNER/WHITE BELT</b>	<b>INTERMEDIATE/BLUE BELT</b>	<b>ADVANCED/BROWN-BLACK BELT</b>	<b>ABSOLUTE DIVISIONS</b>
<b>ARM BAR</b>	YES	YES	YES	YES	YES
<b>AMERICANA</b>	YES	YES	YES	YES	YES
<b>KIMURA</b>	YES	YES	YES	YES	YES
<b>OMOPLATA</b>	YES	YES	YES	YES	YES
<b>REAR NAKED CHOKE</b>	YES	YES	YES	YES	YES
<b>GI CHOKES</b>	YES	YES	YES	YES	YES
<b>GUILLOTINE CHOKE</b>	YES (ground only)	YES	YES	YES	YES
<b>ARM TRIANGLE</b>	YES	YES	YES	YES	YES
<b>TRIANGLE CHOKE</b>	YES	YES	YES	YES	YES
<b>EZEKIEL CHOKE</b>	YES	YES	YES	YES	YES
<b>WRIST LOCK</b>	X	YES	YES	YES	YES
<b>STRAIGHT FOOT LOCK</b>	X	YES	YES	YES	YES
<b>ELECTRIC CHAIR</b>	X	X	YES	YES	YES
<b>TWISTER</b>	X	X	YES	YES	YES
<b>KNEE REAP</b>	X	X	YES	YES	YES
<b>TOE HOLD</b>	X	X	YES	YES	YES
<b>KNEE BAR</b>	X	X	YES	YES	YES
<b>CALF/BICEP SLICER</b>	X	X	X	YES	YES
<b>HEEL HOOK</b>	X	X	X	YES	YES
<b>JUMPING GUARD</b>	X	X	X	X	X
<b>SLAMS</b>	X	X	X	X	X
<b>SCISSOR TAKEDOWN</b>	X	X	X	X	X
<b>EBI OVERTIME CHOICE</b>	Back Only	Back/Armbar	Back/Armbar	Back/Armbar	Back/Armbar
<b>EBI OVERTIME LENGTH</b>	1 minute max	2 minute max	2 minute max	2 minute max	2 minute max

**\*\*\*GI Purple belts vs Purple belts in their own separate divisions will follow intermediate rules. Anyone who is a purple belt and enters a division with other brown/black belts or enters nogi advanced divisions, will follow the ADVANCED allowable submissions. \*\*\***